# 2016 Junior MiniRoos Development Approach Summary For Under 8 – Under 11 Players



The purpose of the MiniRoos Player and Coaching Development Plan is to provide both Club (Management Committee; Managing Football Director (MFD) and supporting Directors of Coaching; Head Coaches) and Members (primarily Team Leaders/Group Leaders, Players and Parents) a reference as to how Souths United Football Club will promote player and coaching development, acknowledging the key criteria for delivering to Football Federation Australia's National Curriculum. Specific details of the each Development Plan will be outlined separately and as appropriately aligned to each player/coaching audience.

These plans will provide guideline for training programs for U6 and U7 Age Groups and; more specific direction for the development approach for U8 - U11 Age Groups. These plans have been developed in association with the Managing Football Director (MFD) and; are aligned with:

- the Club Junior Policy
- Football Brisbane Competition criteria
- Football Queensland
- Football Federation Australia's National Curriculum (and specifically as it relates to the TIC Program). The TIC Program:

At the individual player level the team tasks lead to individual skills and competencies that are position specific and partly depend on the style of play / formation. These are defined by Technique, Insight and Communication.

It is envisaged that Football Brisbane and Football Queensland will conduct a Skills Acquisition Program (SAP) in line with FFA's National Curriculum. Assessment of all players will be conducted during pre-season assessment opportunities and/or through talent identification processes leading up to nomination dates. Team Leaders are to be aware and work toward the principles of the associated internal club Development Plan for the applicable age group.

To support and promote the continued development of players, Souths United has an established MiniRoos Football Development Plan. Outlined below are key points summarized from this plan relating to player assessments and development opportunities for U8, U9, U10 and U11 Players.

## **Under 8 Player Assessments**

In accordance with the aforementioned (expected) Souths United's internal Development Approach, assessment of all Under 8 players will be held on a designated day within the player nomination period for each SAP. Assessment will be performed by the MFD with assistance from experienced coaches and will be based on performance during small sided game activity. Players will be identified and assessed according to abilities: 1, 1/2, 2, 2/3, 3.

Those identified as '1' could possibly train with the Under 9 Komodo Dragon or alternative Development squad later in the season and will be included by invitation only and on authorization from parent/s and/or guardian.

Players will be formally notified via email from the Club Administrator and/or Club President as to the outcomes of the assessments and team placements.

It is expected that the 2016 U8 competition will be formed by all Souths United teams i.e. an in-house competition with no traveling to other clubs, and therefore all U8 Teams will be based only on friendship groups and not on capabilities to ensure an even competition across these teams.

# <u>Under 9 – Under 11 Player Assessments</u>

Parents will be asked at sign-on to indicate a preference into which type of team they would like their child placed:

- Highest level (may not get to play with friends)
- Friendship based.

Assessments for these age groups will be held initially November each year and again during <u>the</u> <u>week immediately after sign-on</u>, per the schedule set by the Vice President – MiniRoos (refer Handbook and website for dates and times). This will allow time for the Age Coordinators in consultation with the MFD and Vice President - MiniRoos to place players in teams before formal training starts.

Assessments will be performed by the MFD with assistance from experienced coaches and will be based on performance during small sided game activity. Players will be provided different coloured, numbered bibs for identification purposes and will be identified and assessed according to abilities: 1, 1/2, 2, 2/3, 3.

Those players identified as '1' would form the basis of the Komodo Dragon or alternative Development squads.

Players will be formally notified via email from the Club Administrator and/or Club President as to the outcomes of the assessments and team placements.

## Development Squads/Teams – Under 9 - Under 11 Age Groups:

Under 9:

Players selected in the Komodo Dragon team for their designated age group will be included in the Komodo Dragon (KD) Development Squad (a levy will be applied in addition to standard registration fees). Players in non-KD teams may be offered the opportunity to similarly participate and/or nominate their child/ren to participate in the alternate Development Squad. This squad may also include Under 8 players identified by the MFD. Players will attend extra training sessions on a user pays basis. Players will participate in various Carnivals throughout the year. This may include specifically identified carnivals identified by the club where the carnival/competition will benefit the development and experience of the players in this squad. All carnival participation will be on a user pays basis (unless otherwise advised where a carnival nomination fee has been subsidized by the club).

## <u>Under 10 – Under 11</u>:

Players selected in the Komodo Dragon team for their designated age group will be included in the Komodo Dragon (KD) Development Squad (a levy will be applied in addition to standard registration fees). Players will attend extra training sessions on a user pays basis. Players will participate in various Carnivals throughout the year. This may include specifically identified carnivals identified by the club where the carnival/competition will benefit the development and experience of the players in this squad. All carnival participation will be on a user pays basis (unless otherwise advised where a carnival nomination fee has been subsidized by the club) Selected tournaments may include Cup/Championship competitions, such as (but not limited to) Souths United FC hosted tournaments/cups (Leprechaun Cup etc), Logan City Cup, Gold Coast Championship Cup. Details will be made available when they become known. There may also be opportunities to attend other carnivals throughout the season. Again, this would be on a user pays basis.

Players in non-KD teams may be offered the opportunity to similarly participate and/or nominate their child/ren to participate in the alternate Development Squad. Players will attend extra training sessions on a user pays basis. Players will participate in various Carnivals throughout the year.

## Development blocks

Typically two blocks of 4 - 6 weeks (one to run in Term 2 and the other in Term 3) are scheduled during each season though duration of blocks may be varied depending on season calendar.

Development training sessions during each block will consist of one night per week for Under 9's, 10's and 11's (and invited U8's) under the guidance of the MFD. All participants will receive a training shirt that must be worn to each session.

Final timings and cost for these blocks will be determined prior to season commencement and associated levy will vary depending on which development squad your child/ren is participating in.

### **Other Important Information**

### 2016 Competitions U11 Komodo Dragon:

Clubs have the opportunity to compete in the highest level of competition in Brisbane known as the Super Youth League (SYL), where placement is determined on individual age group performance of these teams each year. To ascertain if Souths United will participate in U12 SYL in 2017, we must have a Komodo Dragon team participating in the Komodo Dragon Cross-River competition in 2016. This team will participate in transition games in the latter part of the normal season to compete in a qualifying tournament over the course of a number of weeks. Teams will move to playing 11 v 11 games on a full-sized field. Results of these games will determine the make-up of the 2017 SYL competition.

Competition Rules, Draws etc will be advised by Football Brisbane via our Club Administrator in due course.

### All-Girls Teams:

All girls' teams will be fielded in U9/U10/U11 (if numbers permit) with a view to participate in the all-girls MiniRoos Football Brisbane competition. Opportunity exists for players to participate in the Skills Acquisition Program (SAP) for females which is delivered by Souths United FC. Trial dates will be announced via Website.

#### Player Pathways:

Player participation at all levels of MiniRoos (Komodo Dragon, Goanna, Gecko) will provide pathways to appropriate MiniRoos and junior competitions as well as development opportunities from within Souths United (Divisional, SYL) and/or National Premier League (NPL) with Brisbane Strikers (males) or Souths United FC (females).

Extensive development plans and philosophies have been established in collaboration with Brisbane Strikers and Souths United FC MFD and Women's Technical Director/Head Coaches. This includes delivery of an enhanced Skills Acquisition Program (SAP) via Brisbane Strikers (males) and Souths United FC (females). SAP details are:

#### BOYS

- Ages U9 U11 (limited numbers 24 places in total) from local catchment clubs
- 1-2 nights per week (4:30pm 6:00pm) actual night/s to be advised
- Youth C Licensed Coach (SAP) Appointed by Brisbane Strikers
- 25 week program (possible off-season program) user pay program
- Open trials for identification and selection into program will be announced shortly refer also Brisbane Strikers website

### GIRLS

- Ages U10 U11 (and exceptional U9) limited numbers 24 places in total) from local catchment clubs
- 1-2 nights per week (4:00pm 5.15pm) actual night/s to be advised
- Youth C Licensed Coach (SAP) Appointed by Souths United FC
- 25 week program (possible off-season program) user pay program

- Commencing the week beginning Monday 29 February (Open trials for identification and selection into program will be announced shortly refer also Souths United website)
- Completion: Sunday 11 September

Souths United FC has always been positioned as one of the most successful junior clubs in Brisbane where it provides a balance between community and elite football opportunities and will remain so for 2016. Results and overall performance throughout 2014 & 2015 has been exceptional with numerous premierships, grand final appearances and promotion into the SYL competition for all eligible age groups for 2016. Because of our demonstrated strength, talent and playing capabilities, we saw some of our talented players progress toward selection into the National Premier League teams for 2016.

It continues to be the vision of the club to provide competition and development for players to suit their capabilities and to provide the pathway for players to realise their potential and personal aspirations. To achieve this, Souths United FC has further evolved the player development plan and refined the coaching structure to best support player and coaching needs. This along with the upgrade of our playing facilities / fields places us as a leading force in the football family across Brisbane.

#### Other Important Information

For more details relating to player and coaching development, refer also to the Club's:

- Junior MiniRoos Development Plan 2016 and;
- Junior Policy
- NOTE: Changes to the Development Approach outlined in this Summary and associated plans may change as the Managing Football Director's role continues to mature and evolve our development prospects throughout 2016.