



SOUTHS UNITED FC | 2024 SEASON TRAINING SCHEDULE 5 - 11/2/2024

(General Allocation Only for MiniRoos, Metro Junior/Senior Teams)

Modified Schedule will apply during wet weather, COVID; or other scenarios necessitating adhoc change. This will be communicated via website & Facebook

FIELD 1 IS NOT TO BE USED AS A PATHWAY TO/FROM SYNTHETIC FIELDS - STRICTLY NO USE OF 18 YARD BOX/GOALS/CENTRE CIRCLE

DAY	DATE	SESSION TIME		TEAM	FIELD ALLOCATION	COACH / Key Contact	MANAGER / Key Contact	COMMENTS
		Start	Finish					
MON	Ongoing	5:15pm	6:30pm	FQ Academy Boys U9, U10, U11 & U12	F3 & F4	Eren Barkut Russell Dennis Jimmy Darwich Ian Bytheway	/ Cassie Oliver	Skills Acquisition
		5:15pm	6:30pm	U11/12 & U13 FQ Academy Girls	F1 & F5	Simon Gjura Roddy Vasquez		Skills Acquisition Triage/Recovery (U13s) NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		5:30pm	6:45pm	FQ Academy Boys U13, U14, U15 & U16	F2 &/or Clubhouse	Eric DeKlerk Tony Cullen Keegan Confessore Dominic Confessore		Recovery plans (Field & Gym) & Physio Triage U14 & U16 age groups commencing 12/2/2024
		5:30pm	6:45pm	U15 & U17 FQ Academy Girls	F1 &/or Clubhouse	Audrey Jones Raul Ocana Villegas		Recovery plans (Field & Gym) & Physio Triage NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		7:00pm	8:15pm	FQPL Womens 3	F2	Jordain Marshall / James Purnell	Tracey Confessore	
		7:00pm	8:15pm	FQ Academy Boys U18	F2	Reuben Wise		Recovery plans (Field & Gym) & Physio Triage
		7:00pm	8:15pm	O45 Mens	F4	Pravi Singh		
		7:00pm	8:15pm	Metro Mens	TBC	Hayden Hopkins		Reserved (TBC) - Commencing 12/2/2024
		7:15pm	8:30pm	Field Hire - Esma	F3			
		7:15pm	8:30pm	Field Hire	F4			
TUE	Ongoing	5:00pm	8:00pm	GK Training	F5/F2	Pro Player/Billy Lumley		No Senior GK Training due to Training Game
		5:00pm	6:15pm	U15 & U17 FQA Girls (combined)	F1	Audrey Jones Raul Ocana Villegas		Move to warm down area 6:15pm NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		5:30pm	6:45pm	U13 FQ Academy Boys	F5	Eric DeKlerk		May use F5
		5:30pm	6:45pm	U14 FQ Academy Boys	F3	Tony Cullen		
		5:30pm	6:45pm	U15 FQA Boys	F2A	Keegan Confessore		MUST BE OFF BY 6:45pm Optional Rotation with U18
		5:30pm	6:45pm	U16 FQA Boys	F2B	Dominic Confessore		MUST BE OFF BY 6:45pm Optional Rotation with U18
		5:30pm	6:45pm	U18 FQA Boys	F4	Reuben Wise		Optional Rotation with U15
		6:15pm	8:15pm	U23 NPLW	F1	Ray MacDonald	Sue Vardy	Move to warm up area 6:15pm NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		6:15pm	8:15pm	Opens NPLW	F1	Trent Gregson	Sue Vardy	Move to warm up area 6:15pm NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		7:00pm	8:30pm	U23 & Open FQPL Mens	F2	Damien Barker Jason Johnson Dominic Confessore Eric De Klerk	Angela Savio-Marshall / Tracey Confessore	Training Game 7:15pm Opens F2 U23 - Field 4
7:00pm	9:00pm	FIELD HIRE	F3	NAN				
8:30pm	9:30pm	FIELD HIRE	F4	AJI				
WED	Ongoing	5:15pm	6:30pm	FQ Academy Boys U9 & U10	F3	Eren Barkut Russell Dennis	/ Cassie Oliver	Skills Acquisition
		5:15pm	6:30pm	FQ Academy Boys U11 & U12	F2A	Jimmy Darwich Ian Bytheway	/ Cassie Oliver	Skills Acquisition
		5:15pm	6:30pm	FQ Academy Boys U11/U12 FQA Girls	F4	Simon Gjura		Skills Acquisition
		5:15pm	6:30pm	FQ Academy Girls U13	F2B	Roddy Vasquez		
		5:30pm	6:45pm	U18 Metro (Divisional) Boys	F1 & F5	Jason Nuneski Rod Warren	Tracey Confessore	NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		5:30pm	6:45pm	U13 Metro (Divisional) Boys	F1 & F5	Rod Warren	Tracey Confessore	NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		7:00pm	8:30pm	FQPL Womens 3	F2 or F1	Jordain Marshall	Tracey Confessore	
		7:00pm	8:30pm	Metro Mens Teams	F2, F3 and/or F1	Hayden Hopkins		
		7:00pm	9:00pm	FIELD HIRE	F4	MORGAN		
THU	Ongoing	5:15pm	6:15pm	FQ Academy Girls U13	F2B	Roddy Vasquez		May Move to F5 (at 6:15pm area will be utilised for NPLW U23 & Opens Warm Up Start)
		5:15pm	6:30pm	U15 & U17 FQA Girls (combined)	F2A/B	Audrey Jones Raul Ocana Villegas		Hard finish as NPLW U23/Opens overlap)
		5:30pm	6:45pm	U14 FQA Boys	F1	Tony Cullen		Optional rotation U16/U18 NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		5:30pm	6:45pm	U15 FQA Boys	F1	Keegan Confessore		Optional rotation U16/U18 NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		5:30pm	6:45pm	U16 FQA Boys	F4	Dominic Confessore Eric DeKlerk		Optional rotation U14/U15
		5:30pm	6:45pm	U18 FQA Boys	F3	Reuben Wise		Optional rotation U14/U15
		6:15pm	8:15pm	U23 NPLW	F2A	Ray MacDonald	Sue Vardy	Move to warm up area 6:15pm
		6:15pm	8:15pm	Open NPLW	F2B	Trent Gregson	Sue Vardy	Move to warm up area 6:15pm
		7:00pm	8:30pm	U23 & Open FQPL Mens	F1	Damien Barker Jason Johnson Dominic Confessore Eric De Klerk	Angela Savio-Marshall / Tracey Confessore	NO GOAL MOUTHS/18 YARD (OR CENTRE CIRCLE)
		7:30pm	10:00pm	Field Hire	3 & 4	JUSTIN KIM		
FRI	Ongoing	5:00pm	6:00pm	MiniRoos U6 - U10	F1 & F2	Cassie Oliver		Commencing 23/2/2024
		5:15pm	6:15pm	Metro Junior Teams Allocation 2	F2 & F3			
		5:15pm	6:30pm	FQ Academy Boys U13	F4	Eric DeKlerk		
		7:30pm	9:30pm	Field Hire	F4	AJI		
SAT	Ongoing							
		7:30pm	9:30pm	Field Hire	F3/4	PIP		
SUN	Ongoing							
		4:00pm	6:00pm	Field Hire	F3	GEORGE		

NOTE: All training must be conducted in accordance with the current COVID 19 rules and associated protocols. Failure to comply will result in training cessation for that team/s until compliance can be assured.

Session times and allocations are subject to change. In the event of wet weather, a revised schedule will be considered and may supersede allocations above.