



SOUTHS UNITED FC | 2023 PRE-SEASON TRAINING SCHEDULE (FEBRUARY 2023 commencing 30/1/23)

Excludes MiniRoos, Divisional Junior Teams

Modified Schedule will apply during wet weather, COVID; or other scenarios necessitating adhoc change. This will be communicated via website & Facebook

FIELD 1 CLOSED FOR MAINTENANCE | DO NOT WALK ACROSS FIELD 1 AS A PATHWAY TO/FROM SYNTHETIC FIELDS

DAY	DATE	SESSION TIME		TEAM	FIELD ALLOCATION	COACH / Key Contact	MANAGER (or Technical Director)	COMMENTS
		Start	Finish					
MON	ONGOING from 30/1/23	5:30pm	6:30pm	U9 & U10 FQ Academy Boys	F4	Russell Dennis & Jimmy Darwich	Cassie Oliver	
		5:30pm	6:30pm	U12 FQ Academy Boys	F3	Simon Gjura	Cassie Oliver	
		5:30pm	6:30pm	U11 FQ Academy Girls	F5	Reuben Wise	Toni Curtis	
		5:30pm	6:45pm	U16 & U18 FQ Academy Boys U13 & U17 FQ Academy Girls	F2	Joe Fenech	Joe Fenech	Recovery / S&C / Gym Roster / Triage (Rotate Weekly between F1 & F2)
		5:30pm	6:45pm	U13 - U15 FQ Academy Boys U15 FQ Academy Girls	F1	Joe Fenech	Joe Fenech	Recovery / S&C / Gym Roster / Triage (Rotate Weekly between F1 & F2)
		7:00pm	8:30pm	S&C NPL Womens & U23	Gym & F2/F1	Trent Gregson / Arash Mohajeri	Joe Fenech	
		7:00pm	8:30pm	FQPL Womens 3	F2	Jordain Marshall	Tracey Confessore	May need to move to F4/3
		7:00pm	8:30pm	Metro Mens	F4	Jordain Marshall	Tracey Confessore	
		7:00pm	9:00pm	FIELD HIRE	F3	SAMUEL		
TUE	ONGOING from 31/1/23	5:00pm	8:00pm	GoalKeeper Training	F5	Billy Lumley	Joe Fenech	5pm-6pm U8 - U12 6pm-7pm U13 - U15 7pm-8pm U16+
		5:30pm	6:45pm	U13 FQ Academy Boys	F2A	Eric DeKlerk	Rene Jaspersen Joe Fenech	
		5:30pm	6:45pm	U14 FQ Academy Boys	F2B	Keegan Confessore Jarvis Bullen	Dionne Juillard Joe Fenech	
		5:30pm	6:45pm	U15 FQ Academy Boys	F2A	Joe Fenech	Leah Charlesworth	
		5:30pm	6:45pm	U16 FQ Academy Boys	F3	Steve Baker Chris Camage	Anthea Irvin	
		5:30pm	6:45pm	U18 FQ Academy Boys	F4	Bruce Tucker	Andrew Krocza Tracey Krocza	
		5:30pm	6:45pm	U15 FQ Academy Girls	F1A	Joe Fenech Roddy Vasquez		NO 18 YARD BOXES
		5:30pm	6:45pm	U17 FQ Academy Girls	F1B	Raul Ocana	Ange Perry Joe Fenech	NO 18 YARD BOXES
		7:00pm	8:30pm	U23 & Opens NPLW	F1	Trent Gregson	Sue Vardy	NO 18 YARD BOXES
		7:00pm	8:30pm	U23 & Open FQPL Mens	F2	Joe Fenech & Jason Poggi	Dominic Confessore Carlos Buzetti Angela Savio-Marshall / Tracey Confessore	NO 18 YARD BOXES
		7:00pm	9:00pm	FIELD HIRE	F3	NAN		
		7:30pm	9:30pm	FIELD HIRE	F4	AJI		
		WED	ONGOING from 1/2/23	4:45pm	6:00pm	FQ Academy Boys U9 & U10	F3 & F4	Russell Dennis & Jimmy Darwich
4:45pm	6:00pm			FQ Academy Boys U11 & U12	F2A	Reuben Wise & Simon Gjura	Joe Fenech / Cassie Oliver	
4:45pm	6:00pm			FQ Academy Girls U13	F2B	Shane Holley	Susan Hucknall	
7:00pm	8:30pm			FQPL Womens 3	F2 or F1	Jordain Marshall	Tracey Confessore	May move to Field 1 (no 18 yard boxes)
7:00pm	8:30pm			Metro Mens & O35/O45	F2	Hayden Hopkins	Angela Savio-Marshall	
7:00pm	9:00pm			FIELD HIRE	F3 & F4	MORGAN		
THU	ONGOING from 2/2/23	5:30pm	6:45pm	FQ Academy Girls U11	F2A	Reuben Wise	Joe Fenech	
		5:30pm	6:45pm	FQ Academy Girls U13	F2A	Shane Holley	Joe Fenech	
		5:30pm	6:45pm	U15 FQ Academy Girls	F2B	Joe Fenech Roddy Vasquez		
		5:30pm	6:45pm	U17 FQ Academy Girls	F2B	Raul Ocana / Trent Gregson	Ange Perry Joe Fenech	
		5:30pm	6:45pm	U14 FQ Academy Boys	F1A	Keegan Confessore Jarvis Bullen	Dionne Juillard Joe Fenech	NO 18 YARD BOXES
		5:30pm	6:45pm	U15 FQ Academy Boys	F1B	Joe Fenech	Leah Charlesworth	NO 18 YARD BOXES
		5:30pm	6:45pm	U16 FQ Academy Boys	F3	Steve Baker Chris Camage	Anthea Irvin	
		5:30pm	6:45pm	U18 FQ Academy Boys	F4	Bruce Tucker	Andrew Krocza Tracey Krocza	
		7:00pm	8:30pm	U23 & Open NPLW	F2	Arash Mohajeri	Trudy Brook	
		7:00pm	8:30pm	U23 & Open FQPL Mens	F1	Joe Fenech & Jason Poggi	Dominic Confessore Carlos Buzetti Angela Savio-Marshall / Tracey Confessore	NO 18 YARD BOXES
7:30pm	10:00pm	FIELD HIRE	3 & 4	JUSTIN KIM				
FRI	ONGOING from 3/2/23	5:00pm	6:00pm	FQ Academy Boys U11	F3	Reuben Wise	Joe Fenech / Cassie Oliver	
		5:00pm	6:00pm	U13 FQ Academy Boys	F4	Eric DeKlerk	Rene Jaspersen Joe Fenech	
		7:00pm	9:00pm	FIELD HIRE	F3	HAITHIAM		
		7:30pm	9:30pm	FIELD HIRE	F4	AJI		
SAT	ONGOING from 4/2/23	5:00pm	7:00pm	FIELD HIRE	F4	INDOZ/PRAVI		
		7:30pm	9:30pm	FIELD HIRE	F3/4	PIP		
SUN	ONGOING from 5/2/23	2:00pm	4:00pm	FIELD HIRE	F4	DAVE BULL/SLATER		
		4:30pm	6:30pm	FIELD HIRE	F2, 3&4	BPCC/PRAVI		FIELD 1 CLOSED
		4:00pm	6:00pm	FIELD HIRE	F3	GEORGE		

NOTE: All training must be conducted in accordance with the current COVID 19 rules and associated protocols. Failure to comply will result in training cessation for that team/s until compliance can be assured.

Session times and allocations are subject to change. In the event of wet weather, a revised schedule will be considered and may supersede allocations above.