



### SOUTHS UNITED FC | 2022 TRAINING SCHEDULE

Modified Schedule will apply during wet weather, COVID; or other scenarios necessitating adhoc change. This will be communicated via website & Facebook

**DO NOT WALK ACROSS FIELD 1 AS A PATHWAY TO/FROM SYNTHETIC FIELDS**

DAY	DATE	SESSION TIME		TEAM	FIELD ALLOCATION	COACH / Key Contact	MANAGER	COMMENTS	
		Start	Finish						
MON	Ongoing	4:30pm	5:30pm	U9 Monsoons, U11 Vipers & U12 Jets (Kangaroo) Teams	F2	Cassie Oliver		<b>Must be off by 5:30pm</b> (U9 Monsoons may use F5)	
		5:00pm	6:15pm	U14 & U16 NPLW Recovery	F3 & F4	Gary French/Rod Vasquez			
		5:30pm	6:45pm	U13 & U14 NPL Boys Recovery	F2	Matheus Spiandorello			Option to rotate to F1
		5:30pm	6:45pm	U15 NPL Boys Recovery	OFFSITE	Steve Baker	Anthea Irvin		OFFSITE COOMERA GYM
		5:30pm	6:45pm	U16 & U18 NPL Boys Recovery	F2				
		6:00pm	7:00pm	U14 Div 1 Boys	F1	Natalie Todd			
		6:30pm	8:15pm	U23 & Opens NPLW Recovery	F4	Gary French/Trent Gregson			<b>May move to F2 (1/2 field)</b>
		7:00pm	8:15pm	Metro Ladies 1	F2	John Cook	Tracey Confessore		
TUE	Ongoing	5:00pm	6:15pm	U10/12 FQ Academy Girls	F3	Gary French		<b>May use F5</b>	
		5:15pm	6:30pm	U14 & U16 NPLW Girls (combined)	F3 & F4	Gary French/Rod Vasquez			
		5:30pm	6:45pm	U15 NPL Boys	F2A	Steve Baker	Anthea Irvin		
		5:30pm	6:45pm	U16 NPL Boys	F2B	Andres Barona/Cara Confessore	John Parish		
		5:30pm	6:30pm	U14 Div 2 Boys & U15 Div 3 Boys	F4	Meshack/Ali Gahfoor	Josh Dunmore	<b>Shared field space 1/2 field each team</b>	
		6:30pm	8:15pm	U23 NPLW	F4	Trent Gregson	Trudy Brook		
		6:30pm	8:15pm	Opens NPLW	F3	Gary French	Sue Vardy	<b>GC OFFSITE OPTION TEMP CLOSED</b>	
		7:00pm	8:30pm	U23 & Open FQPL Mens	F2	Andre Meyer/Dominic Confessore/Carlos	Angela Savio-Marshall / Tracey Confessore		
		8:15pm*	9:30pm	FIELD HIRE	F3	NAN		<b>FIELD HIRE START TIME DEFERRED</b> (Due to modified training schedule and limited field space. Normal start time is 7:00pm)	
		8:30pm	9:30pm	FIELD HIRE	F4	AJI			
WED	Ongoing	4:30pm	5:30pm	U10 & U11 Teams	F3 & F4	Cassie Oliver		<b>Overflow to Field 2 however must be off fields by 5:30pm</b>	
		5:00pm	6:00pm	U9 Monsoons	F5	Jimmy Darwich			
		5:30pm	6:45pm	U13 & U14 NPL Boys	F2A	Tom Lynch / John Cook	Dionne Juilliard / Brett Howard		
		7:00pm	8:30pm	U18 NPL Boys	F1	Matheus Spiandorello			
		5:30pm	6:30pm	U14 Div 2 Girls	F4	Hayden Adams/Harpreet Atwal	Teresa Bozier		
		6:00pm	7:00pm	U14 Div 1	F3	Jimmy Mullen	Natalie Todd		
		7:00pm	8:30pm	Metro Div 1 Ladies & Metro Mens & O45 Mens	F2	John Cook/Hayden Hopkins/ Pravi Singh	Tracey Confessore/Angela Savio-Marshall		
		7:00pm	9:00pm	FIELD HIRE	F3 & F4	MORGAN			
THU	Ongoing	5:00pm	7:00pm	GK Training	F1	Billy Lumley		<b>NO GOAL MOUTHS</b>	
		5:00pm	6:15pm	SAP Girls	F2	Gary French	Shane Holley/Jill Baker		
		5:15pm	6:30pm	U14 NPLW	F2	Roddy Vasquez	Toni Curtis		
		5:15pm	6:30pm	U16 NPLW	F2	Gary French/Paul Giannaras	Daniel Joyce		
		5:30pm	6:40pm	U13 NPL	F1	Tom Lynch/Rae McGeown	Dionne Juilliard	<b>NO GOAL MOUTHS</b>	
		5:30pm	6:40pm	U14 NPL	F1	John Cook	Brett Howard	<b>NO GOAL MOUTHS</b>	
		5:30pm	6:40pm	U15 NPL	F3	Steve Baker		<b>Check F1 potential rotation</b>	
		5:30pm	6:45pm	U16 NPL	F3	Andres Barona/Cara Confessore			
		5:30pm	6:45pm	U18 FQPL	F4	Matheus Spiandorello			
		6:45pm	8:15pm	U23 NPLW	F2A	Trent Gregson	Tracey Brooke		
		6:45pm	8:15pm	Open NPLW	F2B	Gary French/Paul Giannaras	Sue Vardy		
		7:00pm	8:30pm	U23 FQPL	F1	Dominic Confessore / Carlos	Tracey Confessore	<b>NO GOAL MOUTHS</b>	
		7:00pm	8:30pm	Open FQPL	F1	Andre Meyer / Carlos	Angela Savio-Marshall	<b>NO GOAL MOUTHS</b>	
		7:30pm	10:00pm	Field Hire	3 & 4	JUSTIN KIM			
FRI	Ongoing	5:00pm	6:00pm	ALL U6 - U8 Teams	F1	Cassie Oliver			
		5:00pm	6:00pm	U9 & U12 Jets	F2	Cassie Oliver			
		5:30pm	6:30pm	U14 / U15 Divisional Teams	F3	Ali Gahfoor/Meshack	Josh Dunmore		
		5:30pm	6:30pm	U14 Div 2 Girls	F4	Hayden Adams / Harpreet Atwal	Teresa Bozier		
		6:00pm	10:30pm	<b>FIXTURES PER GAME DAY</b>	F1 & F2			<b>Warm Ups Field 5 &amp; Field 3 Only (Do NOT Use Field 1 for Warm Ups)</b>	
		7:30pm	9:30pm	Field Hire	F4	AJI			
SAT	Ongoing			<b>FIXTURES PER GAME DAY</b>					
		7:30pm	9:30pm	Field Hire	F3/4	PIP			
SUN	Ongoing			<b>FIXTURES PER GAME DAY</b>					
		4:00pm	6:00pm	Field Hire	F3	GEORGE			

**NOTE:** All training must be conducted in accordance with the current COVID 19 rules and associated protocols. Failure to comply will result in training cessation for that team/s until compliance can be assured.

Session times and allocations are subject to change. In the event of wet weather, a revised schedule will be considered and may supersede allocations above.