



SOUTHS UNITED FC | WEEKLY TRAINING SCHEDULE - Season 2020

Week Commencing 20 July 2020 Onwards

DAY	DATE	SESSION TIME		TEAM	FIELD ALLOCATION	COACH / Key Contact	MANAGER	COMMENTS
		Start	Finish					
MON	Ongoing	4:15pm	5:15pm	U9 & U10 MiniRoos	2	Zayd Dennis	Cassie Oliver	All Teams
		5:00pm	6:15pm	NPL Girls Recovery	3	Gary French		
		5:30pm	6:45pm	U15 NPL	2A	Cara Confessore	Jody Price	
		5:30pm	6:45pm	U16 NPL	2B	Shane Magee	Craig Broderick	
		5:30pm	6:45pm	U13 NPL	1A	Tony Cullen	Rod Warren	Must stay out of 18 yard box
		5:30pm	6:45pm	U14 NPL	1B	Arvind Naidu	Jillian Chittenden	Must stay out of 18 yard box
		5:30p,	6:30pm	Junior Divisional Girls	4	Tracey Confessore		
		7:00pm	8:30pm	U18 FQPL	2B	Dominic Confessore	Tracey Confessore	
		7:00pm	8:30pm	Open FQPL	2A	Vadim Bendin	Angela Savio-Marshall	
		7:00pm	8:30pm	U20 FQPL	4	Arvind Naidu	Rachel Lavelle	
TUE	Ongoing	5:30pm	6:30pm	Junior Divisional Boys	2	Gavin Boyce		2 x U12 Boys (Field 2A) 1 x U13/14 Boys (Field 2B)
		5:00pm	6:15pm	SAP Girls	5	Sachi Tatsuoka	Shawn Hughes	
		5:00pm	6:15pm	U13 NPLW	3	Alex Pitt	Sarah Boyce	
		5:15pm	6:30pm	U15 NPLW	4	Gary French	Carolyn Hobson	
		6:00pm	6:45pm	Sen FQPL GK	2A	Aleksei Timofeev	Angela Savio-Marshall	
		6:45pm	8:00pm	U18 NPLW	3	Paul Giannaras	Maree Rowell	
		6:45pm	8:15pm	Open NPLW	Offsite GC	Gary French	Kylee Appleby	
		7:00pm	6:45pm	U18 FQPL	4	Dominic Confessore	Tracey Confessore	May move to F1
		7:00pm	8:15pm	U20 FQPL	2B	Arvind Naidu	Rachel Lavelle	
		7:15pm	8:30pm	Open FQPL	2A	Vadim Bendin	Angela Savio-Marshall	
WED	Ongoing	4:15pm	5:15pm	U11 MiniRoos	2	Zayd Dennis	Cassie Oliver	All Teams
		5:30pm	6:45pm	U13 NPL	2A	Tony Cullen	Rod Warren	
		5:30pm	6:45pm	U14 NPL	2B	Arvind Naidu	Jillian Chittenden	
		5:30pm	6:45pm	U15 NPL	4	Cara Confessore	Jody Price	
		5:30pm	6:45pm	U16 NPL	3	Shane Magee	Craig Broderick	
		5:30pm	6:30pm	Junior Girls	1	Tracey Confessore	Tracey Confessore	Possible Swap U15 & U16 NPL
		7:00pm	8:15pm	WCL & MCL	2 & 1 (or 4)	Angela Marshall & Tracey Confessore	Angela Savio-Marshall & Tracey Confessore	
		7:00pm	8:15pm	O35s	4 (or 1)	Pravi Singh	Angela Savio-Marshall	
7:00pm	9:00pm	Field Hire	3			Morgan (Field 3 (may add Field 4))		
THU	Ongoing	5:00pm	5:45pm	NPLW GK	1AB or 5	Martin Coe	Tracey Confessore	SAP, U13 & U15 Girls (Poles to be used)
		5:00pm	6:15pm	SAP Girls	2A	Sachi Tatsuoka	Shawn Hughes	
		5:00pm	6:15pm	U13 NPLW	2A	Alex Pitt	Sarah Boyce	
		5:15pm	6:30pm	U15 NPLW	2B	Gary French	Carolyn Hobson	
		5:30pm	6:45pm	U13 NPL	3	Tony Cullen	Rod Warren	
		5:30pm	6:45pm	U14 NPL	4	Arvind Naidu	Jillian Chittenden	
		5:30pm	6:45pm	U15 NPL	1A	Cara Confessore	Jody Price	
		5:30pm	6:45pm	U16 NPL	1B	Shane Magee	Craig Broderick	
		6:00pm	6:45pm	Sen FQPL GK	1AA (5)	Aleksei Timofeev	Angela Savio-Marshall	Poles to be used (Field 5 as alternate option)
		6:00pm	6:45pm	NPLW GK	1AB (5)	Martin Coe	Tracey Confessore	U18 Girls & Open Womens (Field 5 as alternate option) Poles to be used
		6:45pm	8:00pm	U18 NPLW	2A	Paul Giannaras	Maree Rowell	
		7:00pm	8:15pm	Open NPLW	2B	Gary French	Kylee Appleby	
		7:00pm	8:15pm	U18 FQPL	3 & 4	Dominic Confessore	Tracey Confessore	Rotate with 20s (Field 1)
7:00pm	8:15pm	U20 FQPL	1A	Arvind Naidu	Rachel Lavelle	Rotate with 18s (Field 3 & 4)		
7:15pm	8:30pm	Open FQPL	1B	Vadim Bendin	Angela Savio-Marshall			
FRI	Ongoing	5:15pm	6:00pm	U6, U7, U8	1	Cassie Oliver		
		5:30pm	6:30pm	Junior Divisional Boys	3 & 4	Gavin Boyce		2 x U12 Boys (Field 4) 1 x U13/14 Boys (Field 3)
		6:00pm	10:30pm	Friday Night Fixtures	2			
		6:00pm	10:30pm	Friday Night Fixtures	1			
		7:30pm	9:30pm	Field Hire	4			Aji (Field 4)
SUN	Ongoing	3:00pm	5:00pm	Field Hire	4			George Wu (Subject to Fixtures)

NOTE: All training must be conducted in accordance with the Return To Training Guidelines and associated protocols. Failure to comply will result in training cessation for that team/s until compliance can be assured.

Session times and allocations are subject to change. In the event of wet weather, a revised schedule will be considered and may supersede allocations above.